



## Functional Capacity Evaluation

### Service Information



A Functional Capacity Evaluation (FCE) is an in-depth, customised evaluation which combines objective measures and professional clinical judgment to determine an individual's current functional abilities and limitations.

#### What the service offers:

- An objective evaluation of functional capacity matched to the demands of the job(s), and/or activities of daily living (ADL).
- An evaluation by an Occupational Therapist who is an accredited functional capacity evaluator.
- An assessment of the effort provided and the reliability of pain and disability reports.
- If appropriate, makes recommendations and a plan for maintenance and/or return to work.
- Advice on the efficacy of current or future rehabilitation.

#### Who is the service for?

Individuals who are demonstrating restrictions in their functional capacity for work and ADL due to an injury, a health condition and / or disability.

#### How is the service delivered?

- The evaluation considers the physical, cognitive and/or mental capacities required to carry out the intrinsic functions and demands of the job and/or ADL.
- It is undertaken at a clinic, workplace or in the home.

- At the workplace, the evaluator will incorporate elements of the job, a brief analysis of the job demands (own or alternative roles) and identify any areas of ergonomic concern and remedial action.

#### The job of the Evaluator

- Structure an evaluation based on the referral questions.
- Uses clinical interview techniques and observes and measures physical, cognitive and/or mental health function.
- To change and adapt the evaluation to assess unexpected behaviour or performance.
- To determine physical effort and the reliability of pain and disability reports.
- To match demonstrated capacity to the demands.

#### How to refer a case

To arrange a Functional Capacity Evaluation, you can instruct us by telephone or by visiting [weareobair.com](http://weareobair.com), then clicking 'Refer a Case'.

For further information please call on 01698 207 755, or email [helpis@weareobair.com](mailto:helpis@weareobair.com) or visit [weareobair.com](http://weareobair.com)

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