



Obair Associates

Occupational Therapy & Vocational Rehabilitation Specialists

Hand & Upper Limb Evaluation

Service Information



This entails a comprehensive and objective evaluation of an individual's hand and upper limb function from a biopsychosocial and vocational perspective. The evaluation determines rehabilitation potential for a sessional hand therapy programme aimed at improving function for work and activities of daily living (ADL).

What the service offers:

- An objective evaluation of the hand and upper limb.
- Carried out by an occupational therapist (OT) with specialist expertise.
- Determines rehabilitation potential to improve function.
- Identifies specific goals, interventions and a plan aimed at the restoration of function and aids and adaptations if required.
- A sessional programme of therapy focused on improving function; optimising workability; pain management and self-efficacy.
- Vocational rehabilitation recommendations for those unlikely to return to their previous role.

Who is the service for?

- An individual who has sustained a hand or upper limb injury, who is struggling or unable to undertake ADL or work.
- Limited client belief in rehabilitation potential.
- Limitation in movement, strength and sensibility.
- Demonstrates psychological impact.

How is the service delivered?

- The evaluation is carried out face-to-face or by virtual means.
- The evaluation and session are offered throughout the United Kingdom in the individual's home or a suitable local clinic.
- For appropriate cases, the evaluation and sessions can be delivered virtually by the OT.

The job of the Evaluator

- Structure an evaluation based on the referral questions.
- Use clinical interview techniques, observe and objectively measure function and match to ADL or work demands.
- Deliver findings in a concise report quantifying capacity, limitations and rehabilitation potential.
- Prepare a rehabilitation plan with agreed goals.

How to refer a case

To arrange a Hand and Upper Limb Evaluation you can instruct us by telephone or by visiting weareobair.com, then clicking 'Refer a Case'.

For further information please call on 01698 207 755, or email helpis@weareobair.com or visit weareobair.com

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