



Caroline Pellatt

Occupational Therapist

Base: Leeds

Areas Covered: North East



Specialisms

Hand & Upper Limb Injuries

Hand Trauma

Scar Management

Expertise

- Hand and Upper Limb Assessment & Rehabilitation
- Thermoplastic Splint & Casting of Upper Limb
- Scar Management
- Hand Trauma

Clinical & Professional Experience

Caroline has over 12-years of experience in the assessment and treatment of a range of hand and upper limb conditions. Caroline has worked in a regional hand unit treating patients with complex hand trauma and elective hand conditions. Caroline's key interests are tendon injuries and the therapy management of spasticity in the upper limb.

Caroline has worked in state services and independently and is able to carry out objective functional hand assessments and devise goal-based comprehensive rehabilitation programmes to meet the client's needs.

Caroline is actively involved in service development projects in her NHS practice including leading on protocol changes for the therapy management of tendon repairs and the development of a joint therapy role. Caroline has led on a variety of clinical audits and developed therapy pathways to meet national guidelines.

Caroline is active in her professional development and is keen to gain level two accreditation from the British Association of Hand Therapists.

CPD & Training

Maintained through in-service training within her NHS practice and through attending courses:

- Introduction to Research - July 2020
- BAHT Level II: Management of the Thumb - November 2019
- Measurements of Pressure Garments for Scar Therapy, Jobskin - October 2018
- BAHT Level II - Surgical and Therapy Management of Flexor and Extensor Tendon Injuries to the Hand - September 2018
- The Stiff Shoulder, Spire Leeds - January 2019

Memberships & Professional Qualifications

- BSc (Hons) Occupational Therapy
- Member of the RCOT
- Member of British Association of Hand Therapists

For further information please call on 01698 207 755, or email helpis@weareobair.com or visit weareobair.com



Part of Proclaim Group

