



## Cheryl Courtenay

Rehabilitation Manager /  
Clinical Team Leader

Base: London

Areas Covered: London, South East, South West



### Specialisms

Orthopaedic Trauma

Severe Injury

Hand & Upper Limb Injuries

### Injury Expertise

- Psychological Trauma
- Complex Orthopaedic Injury
- Brachial Plexus
- Burns
- Upper Limb Injury

### Clinical Experience

- An Occupational Therapist, Cheryl has been a Rehabilitation Manager since 2010.
- Clinical Team Lead for the South region team.
- Cheryl has over six years clinical experience within the NHS and private hospitals in England and Australia in Orthopaedics, Neurology, General Surgery, Upper Limb Trauma and Mental Health.
- She has a special interest in Burns and Brachial Plexus.

### Rehabilitation Expertise

#### Rehabilitation Management

- Cheryl has a wide range of experience across most injury categories and is skilled at assessing her client's needs.
- She creates holistic rehabilitation plans to improve mental and physical wellbeing using a client-centred framework.
- Her vast knowledge is applied to support and enable clients through goal-focused case management.
- She accesses evidence-based interventions to achieve health, wellbeing and return to function and work goals.

- She is well versed in assisting her clients to access statutory services within their local community and providing them with advice regarding benefits.
- As a Clinical Team Leader, she is keen to advocate proactive, evidence-based Case Management and support her team to achieve this.

### Vocational Rehabilitation

- Cheryl is skilled at liaising with employers and support graduated return to work programmes, or advise on support techniques to assist early return to work.
- She has experience in Worksite Assessments, Activities of Daily Living and Car and Workplace Ergonomics.

### CPD & Training

- Flags Biopsychosocial Model: Applying to rehabilitation management
- Motivational Interviewing
- Mental Health Training (depression, anxiety and suicide)
- APIL Case Manager Legal Training
- CMSUK Conference

### Memberships & Qualifications

- BSc (Hons) Occupational Therapy
- Member of CMSUK
- Health & Care Professions Council (HCPC)
- APPLE Accredited

For further information please call on 01698 207 755,  
or email [helpis@proclaim-care.co.uk](mailto:helpis@proclaim-care.co.uk) or visit [proclaim-care.co.uk](http://proclaim-care.co.uk)

