



## Fiona Montgomery

Rehabilitation Manager

Base: Coventry

Areas Covered: Midlands



### Specialisms

Orthopaedic Trauma

Amputation (Lower & Upper)

Hand & Upper Limb Injuries

### Injury Expertise

- Amputee
- Complex Orthopaedic
- Psychological Trauma
- Chronic Pain

### Clinical Experience

- An Occupational Therapist, Fiona has been a Rehabilitation Manager since 2012.
- Fiona previously worked within the NHS prior to becoming a case manager. She has gained experience working in rotational posts including orthopaedics, haematology, accident and emergency and Hand Therapy.
- Fiona qualified from Coventry University as an Occupational Therapist in 2008 and worked within the NHS prior to becoming a Case Manager in 2012.

### Rehabilitation Expertise

#### Rehabilitation Management

- Fiona's background included providing comprehensive assessments within the hospital, home and community. These assessments included the development of detailed rehabilitation plans in conjunction with the multidisciplinary teams for clients with any life changing injury.
- Fiona predominantly manages cases involving serious and complex injuries.
- To deliver the best outcomes Fiona uses SMART goals and evidence-based interventions in her rehabilitation plans.

- Her knowledge of, and contacts in, the NHS and private service providers allow her to identify the most appropriate and effective treatment for her clients.

### Vocational Rehabilitation

- Fiona is experienced in providing the appropriate support for return to work, this includes carrying out workplace assessments and arranging bespoke return to work plans.
- Fiona is able to carry out Functional Capacity Evaluations (FCE) in the workplace to assess an individual's capacity for returning to work and assisting with their graduated return.

### CPD & Training

- Flags Biopsychosocial Model: Applying to rehabilitation management
- Motivational Interviewing
- Mental Health Training (depression, anxiety and suicide)
- Dynamic Rehabilitation Conference Dorset Orthopaedics
- British Association of Hand Therapy: Level 1
- Equipment Needs Assessment: Occupational Therapy

### Memberships & Qualifications

- BSc (Hons) OT
- Member of CMSUK
- Registered with HCPC
- FCE Accredited Assessor

For further information please call on 01698 207 755, or email [helpis@proclaim-care.co.uk](mailto:helpis@proclaim-care.co.uk) or visit [proclaim-care.co.uk](http://proclaim-care.co.uk)

