



## Julie Vezza

Desktop Rehabilitation Manager

Base: Glasgow

Areas Covered: Nationwide



### Specialisms

Orthopaedic Trauma

Mental Health

Return to Work

### Injury Expertise

- Mental Health
- Orthopaedics
- Return to Work
- Motivational Interviewing

### Clinical Experience

- Julie is an Occupational Therapist who has worked as a Rehabilitation Manager since 2014.
- Her clinical background includes working with disadvantaged individuals, mental health and welfare to work programmes.

### Rehabilitation Expertise

#### Rehabilitation Management

- Rehabilitation Management: Julie is very adept at assessing her client's needs to help improve their mental and physical wellbeing, using a client centred framework, helping them achieve their health, work and social goals.
- She has the flexibility to tailor the requirements and drive the best outcome for a client from a triage/desktop management approach through to more complex telephone assessment cases requiring longer term involvement.
- Experience of working with a variety of injuries including orthopaedics, pain management and arranging treatment for physical injuries either privately or expedited through the NHS.
- Julie has a wide knowledge of the Scottish NHS and Social Services and this helps to maximise the most appropriate, and cost effective, treatment for her clients.

- Ability to liaise with employers and support graduated return to work programmes or advise on support techniques to assist early return to work.

### Vocational Rehabilitation

- She has vast knowledge of Motivational Interviewing techniques as well as a solid understanding of using Cognitive Behavioural Therapy and Brief Solution Focused Therapy approaches.
- Regularly attends professional development events and internal training.

### CPD & Training

- Traumatic Brain Injury: Identification at the INA stage
- Flags Biopsychosocial Model: Applying to rehabilitation management
- Motivational Interviewing
- Mental Health Training (depression, anxiety and suicide)

### Memberships & Qualifications

- BSc Occupational Therapy
- Health & Care Professions Council (HCPC)
- BAPT Membership
- Member of CMSUK

For further information please call on 01698 207 755, or email [helpis@proclaim-care.co.uk](mailto:helpis@proclaim-care.co.uk) or visit [proclaim-care.co.uk](http://proclaim-care.co.uk)

