



Katie Gardiner

Rehabilitation Manager

Base: Manchester

Areas Covered: North West, Midlands



Specialisms

Acquired Brain Injury

Neurological Conditions

Psychological Trauma

Injury Expertise

- Acquired Brain Injury (Complex)
- Neurological Conditions
- Psychological Trauma
- Spinal Injury
- Complex Orthopaedic Injury

Clinical Experience

- Katie is an Occupational Therapist and has worked as a Rehabilitation Manager since 2017.
- She has five years of experience working in the NHS.
- Her areas of specialism are acquired brain injury and spinal injury with clients who have complex and long-term needs.

Rehabilitation Expertise

Rehabilitation Management

- Through her work with brain injury and spinal injury patients, she has also gained a wide experience in complex orthopaedic injuries.
- Kate demonstrates the ability to co-ordinate complex, multi-disciplinary rehabilitation, incorporating both NHS and private sector practitioners to allow for progressive, client-focused and collaborative practice.
- Katie is also experienced in complex neuro assessments, capacity assessments and accessing a wide range of social services.

- Her extensive experience and strong clinical skills allow her to assess, plan, implement and manage a coordinated approach for each individual client and also engaging and supporting their families.

Vocational Rehabilitation

- Using a client centred approach, with goal setting to engage and motivate clients, she is an effective problem solver using her critical thinking training to support a timely return to work, where appropriate.
- As an Occupational Therapist, her focus is on improving function to support an early and sustainable return to work.

CPD & Training

- Introduction to Case Management
- Flags Biopsychosocial Model: Applying to rehabilitation management
- Mental Health Training (depression, anxiety and suicide)
- Motivational Interviewing

Memberships & Qualifications

- BSc OT
- Member of CMSUK
- Health & Care Professions Council (HCPC)

For further information please call on 01698 207 755, or email helpis@proclaim-care.co.uk or visit proclaim-care.co.uk

