



## Katie Gardiner

Rehabilitation Manager

Base: Manchester

Areas Covered: North West, Midlands



### Specialisms

Acquired Brain Injury

Neurological Conditions

Psychological Trauma

### Injury Expertise

- Acquired Brain Injury (Complex)
- Neurological Conditions
- Psychological Trauma
- Complex Orthopaedic Injury

### Clinical Experience

- Katie is an Occupational Therapist and has worked as a Rehabilitation Manager since 2017.
- She has five years of experience working in the NHS.
- Her areas of specialism are acquired brain injury, complex orthopaedic injuries and psychological trauma alongside clients who have complex and long-term needs.

### Rehabilitation Expertise

#### Rehabilitation Management

- Through her work with brain injury and complex orthopaedic injury patients, Katie has gained extensive experience in complex psychological injury.
- She demonstrates the ability to co-ordinate complex multi-disciplinary rehabilitation, incorporating both NHS and private sector practitioners to allow for progressive, client-focused and collaborative practice.
- Katie is also experienced in complex neuro assessments, capacity assessments and accessing a wide range of social services.

- Her extensive experience and strong clinical skills allow her to assess, plan, implement and manage a coordinated approach for each individual client as well as engaging and supporting their families.
- Katie was recognised for her excellent case management skills by being awarded the title of 2022 Case Manager of the Year at the CMSUK Awards.

### Vocational Rehabilitation

- Using a client centred approach, with goal setting to engage and motivate clients, Katie is an effective problem solver, using her critical thinking training to support a timely return to work, where appropriate.
- As an Occupational Therapist, her focus is on improving function to support an early and sustainable return to work.

### CPD & Training

- Introduction to Case Management
- Flags Biopsychosocial Model: Applying to Rehabilitation Management
- Mental Health Training (depression, anxiety and suicide)
- Safeguarding Level 4
- Motivational Interviewing

### Memberships & Qualifications

- BSc OT
- Member of CMSUK & BABICM
- Health & Care Professions Council (HCPC)

For further information please call on 01698 207 755, or email [helpis@proclaim-care.co.uk](mailto:helpis@proclaim-care.co.uk) or visit [proclaim-care.co.uk](http://proclaim-care.co.uk)

