



## Sarah Matheson

Rehabilitation Manager

Base: Glasgow

Areas Covered: Scotland

### Specialisms

Acquired Brain Injury

Neurological Conditions

Psychological Trauma

### Injury Expertise

- Acquired Brain Injury
- Neurological Conditions
- Psychological Trauma
- Complex Orthopaedic Trauma
- Musculoskeletal

### Clinical Experience

- Sarah is an experienced Occupational Therapist.
- She has eight years clinical experience working in both hospital and community settings.
- Her experience is across a broad range of conditions, and this includes supervision of team members.

### Rehabilitation Expertise

#### Rehabilitation Management

- Sarah has worked for over eight years providing a rehabilitation based Occupational Therapy service to clients who have experienced physical and neurological conditions.
- Her experience includes physical impairments such as upper limb weakness and sensory loss, to cognitive impairments, visual field deficits and general decrease in function.
- With her dual training in physical and mental health, and experience working in the community, Sarah's assessments are truly holistic and include all aspects including physical, mental and social needs.

- Sarah's client-centred philosophy is built on engaging and motivating her clients to recognise their improvement through SMART goals.
- She has considerable experience identifying statutory care and liaising with local care providers to ensure the correct care package is in place.

#### Vocational Rehabilitation

- Sarah has considerable experience of recommending assistive devices and adaptations.
- She is a qualified Functional Capacity Evaluator and can also support through mental health screening.
- Working with her vocational colleagues, and her knowledge of functional assessments, Sarah can identify and manage the relevant vocational interventions.

#### CPD & Training

- Sarah has undertaken regular CPD through the NHS
- Attended Occupational Therapy Conferences that have delivered a wide range of CPD training related to rehabilitation
- BOBATH Introductory Modules 1,2 & 3: Human Movement Analysis

#### Memberships & Qualifications

- BSc (Hons) OT
- Registered with HCPC

For further information please call on 01698 207 755, or email [helpis@proclaim-care.co.uk](mailto:helpis@proclaim-care.co.uk) or visit [proclaim-care.co.uk](http://proclaim-care.co.uk)

