



Sharon Redfern

Severe Injury Rehabilitation Manager

Base: Worksop

Areas Covered: North East, Midlands



Specialisms

Orthopaedic Trauma

Amputation (Lower & Upper)

Acquired Brain Injury

Injury Expertise

- Complex Orthopaedic Injury
- Traumatic Brain Injury
- Amputations (Upper & Lower Limb)
- Spinal Injury & Spinal Cord (including Paraplegic, Quadriplegic & Brachial Plexus)
- Chronic Pain
- Burns
- Paediatrics
- Psychological Trauma

Clinical Experience

- Sharon is a registered nurse. She has been a Rehabilitation Manager since 2009.
- With an NHS background spanning over 32 years, Sharon has worked in a variety of settings from trauma, orthopaedics, intensive care, primary care, paediatrics and occupational health.

Rehabilitation Expertise

Rehabilitation Management

- Sharon has extensive experience of acquired brain injury, spinal injury and other complex orthopaedic, limb reconstruction and multiple trauma cases.
- Covering a wide base of councils in her geographic area, Sharon has a strong understanding of the availability of NHS and statutory services available to her clients within these regions.
- Sharon is an advocate of supporting her clients in multidisciplinary and interdisciplinary meetings.

- She has been involved with schools, higher education facilities, workplaces and with other medical professionals to assist her clients' recoveries and return to function or work.
- Setting SMART goals, Sharon evidences her outcomes and good results by goal achievement, ensuring the appropriate support is put in place.

Vocational Rehabilitation

- Sharon has achieved excellent return to work outcomes.
- She is experienced at working with vocational specialists to instruct the appropriate assessments and support to achieve a safe and sustainable return to work outcome.

CPD & Training

- Traumatic Brain Injury: Identification at the INA stage
- Flags Biopsychosocial Model: Applying to rehabilitation management
- Motivational Interviewing & Mental Health Training (depression, anxiety and suicide)
- Head First Brain Injury, Dorset Orthopaedics & Pace Conferences

Memberships & Qualifications

- Registered with NMC & CMSUK & BABICM
- BSc (Hons) in Family Planning and Sexual Health
- Diploma in Trauma and Orthopaedics
- Diploma in Intensive and Critical Care
- Diploma in Diabetic Care, Diploma in Asthma
- Diploma in Health Disease, Diploma in Ear Care

For further information please call on 01698 207 755, or email helpis@proclaim-care.co.uk or visit proclaim-care.co.uk

