



## Response to Covid-19 – Lockdown 3

15 January 2021



The level of transmission of the new variant of Covid-19 has brought additional challenges of March 2020 lockdown: protecting our staff, together with protecting the NHS are our primary concerns. We will continue to deliver highly effective virtual services that have been innovatively adapted and evidenced to show value.

---

### Face-to-face services

- We have taken the decision to suspend face-to-face services unless in the most extreme of cases, which will be subject to our vigorous risk assessments.
- This is the right decision for our clients, our staff and to help protect the NHS.
- Our experience over the last year has evidenced the value of virtual services backed up by face-to-face visits where appropriate when risk levels have reduced.

---

### Services examples

- During the last year we have developed virtual versions of our evaluations and interventions.
- Each referral is considered on its merit and suitability for a virtual delivery.
- The service needs between the Personal Injury market (PI), Disability Insurance market (DI) and Occupational Health (OH) means that some evaluations can be delivered in one area, but not in others.
- Detailed matrices for each market explain:
  1. The evaluation type and applicability
  2. The items included within the virtual evaluation
  3. The items excluded from the virtual evaluation
  4. The evaluation outcomes

If you do not have a copy of the matrix, please contact us.

---

### OT & Long Covid-19 services

- We launched a full range of virtual Occupational Therapy Services last year and these have proved highly successful.
- The basis of the service is an Occupational Therapy Evaluation (OTE), which identifies the need for and scope of appropriate interventions.
- Examples of interventions following the OTE include: Occupational Therapy Wellbeing Programme; Fatigue/Pain Management; Mental Health Wellbeing; Physical Dysfunction.
- Covid-19 has been evidenced to have a long-term impact on physical, cognitive and mental health function resulting in a Post-Covid Syndrome/ Long Covid.
- We have developed a Post-Covid Syndrome/Long Covid evaluation, and intervention programme based our successful OTE & OT services.
- Return to work support is addressed within our programme, which is not the case with many other available programmes.

For further information please call on 01698 207 755,  
or email [helpis@weareobair.com](mailto:helpis@weareobair.com) or visit [weareobair.com](http://weareobair.com)

Back to health • Back to work