



## Jane Potter

Rehabilitation Manager

Base: Yorkshire

Areas Covered: North West, North East

### Specialisms

Orthopaedic Trauma

Psychological Trauma

Chronic Pain

### Injury Expertise

- Multi-trauma Injuries
- Musculoskeletal
- Mental Health

### Clinical Experience

- Jane qualified as an Occupational Therapist in 1998 and has a wealth of clinical experience, working in the NHS until 2015.
- Her work within the NHS included orthopaedic inpatients, acute medical discharge planning, intermediate care rehabilitation, rheumatology inpatient, outpatients and elderly mental health.
- She has a special interest in psychological trauma and the interrelationship between physical and psychological trauma.
- Jane's experience includes working as a disability analyst.
- This work involved assessing clients of all ages with a broad range of conditions and injuries. These included orthopaedic, cardiac, respiratory, autoimmune, neurological, and severe mental health conditions.

### Rehabilitation Expertise

#### Rehabilitation Management

- Jane is highly skilled at developing rehabilitation programmes within an intermediate care setting, organising and leading MDT meetings and working collaboratively within teams to ensure SMART goals are achieved.
- She has considerable experience in assessing home environments for client's equipment needs

- and identifying functional barriers to recovery.
- Jane has a holistic approach to working with clients, using a biopsychosocial model in her assessment of clients and when providing rehabilitation recommendations.
  - She has a wealth of experience working as a rehabilitation manager with clients affected by the Grenfell Tower fire.

#### Vocational Rehabilitation

- Jane has a passion for supporting her clients to improve their function to achieve a safe and sustainable return to work.
- She can identify and support the relevant vocational interventions for her clients.
- Liaising with the vocational consultant, and together with her knowledge of functional assessments, she can support clients to access the most appropriate vocational services.

### CPD & Training

- Mental Health Risk Assessment
- Functional Goal Setting
- Motivational Interviewing
- Mental Health Training & Chronic Mental Health Conditions
- Chronic Fatigue
- Pain Management

### Memberships & Qualifications

- BSC (Hons) Occupational Therapy
- HCPC Registered, RCOT & CMSUK Member

For further information please call on 01698 207 755, or email [helpis@proclaim-care.co.uk](mailto:helpis@proclaim-care.co.uk) or visit [proclaim-care.co.uk](http://proclaim-care.co.uk)

