



## Joanne Nugent

Rehabilitation Manager

Base: Glasgow

Areas Covered: Scotland



### Specialisms

Orthopaedic Trauma

Psychological Trauma

Musculoskeletal

### Injury Expertise

- Mental Health
- Amputation (Lower Limb)
- Spinal Cord Injury
- Paediatric Cases

### Clinical Experience

- Joanne has worked in clinical practice for over 12 years with the NHS.
- Her clinical experience includes a broad range of conditions and respective rehabilitation interventions.
- She gained extensive experience working in the community with multi-disciplinary teams to support her clients' return to independence.
- Her role involved facilitating hospital discharges to aid the transition from hospital to home.
- Joanne worked with clients with complex conditions and has a passion for mental health and polytrauma rehabilitation.
- She has a keen interest in women's health and the impact of mental health on the rehabilitation outcome.
- Her direct clinical care included physiotherapy assessment, diagnosis, treatment, and management of patients.

### Rehabilitation Expertise

#### Rehabilitation Management

- Joanne has worked as a Case Manager for six years.

- She is experienced working with clients with poly trauma and her area of specialist interest in is in complex orthopaedic trauma.
- Her experience extends to elderly rehabilitation, amputee rehabilitation and community rehabilitation.
- Her philosophy is to apply a biopsychosocial approach to consider all barriers to a successful rehabilitation outcome.
- She focusses with her clients to agree SMART goals to facilitate optimal rehabilitation.
- In her role, she worked extensively with GPs, multi-disciplinary health teams and social services.

### Vocational Rehabilitation

- Joanne is passionate about supporting her clients to return to work.
- Working with vocational colleagues, she is skilled at agreeing an appropriate and timely vocational programme to achieve a safe and sustainable return to work.

### CPD & Training

- Sports/Pitch-side First Aid Qualification
- APPI Pilates Mat Work level 1
- Foundation Acupuncture
- Certificate in Myofascial Kinesiology Taping
- Lower Limb Amputee Rehabilitation
- Mental Health First Aid Qualification

### Memberships & Qualifications

- BSc Hons Physiotherapy
- Member of CMSUK & registered with HCPC

For further information please call on 01698 207 755, or email [helpis@proclaim-care.co.uk](mailto:helpis@proclaim-care.co.uk) or visit [proclaim-care.co.uk](http://proclaim-care.co.uk)

