



Katy Styles

Severe Injury Rehabilitation Manager

Base: Aberdeenshire

Areas Covered: Scotland, Nationwide on Request



Specialisms

Orthopaedic Trauma

Amputation (Lower & Upper)

Acquired Brain Injury

Injury Expertise

- Acquired Brain Injury
- Amputation
- Neurological Conditions
- Psychological Trauma

Clinical Experience

- An Occupational Therapist, Katy has worked in Case Management since 2008.
- She has worked in a variety of NHS settings, including major acute neurological services, community based neuro-rehabilitation, major trauma and vocational rehabilitation.
- Katy has extensive clinical experience and always aims to be client-centred in her approach.
- Katy has a particular interest in using educational and behavioural theory to support positive and sustainable lifestyle changes to recognise and achieve meaningful personal outcomes for clients.

Rehabilitation Expertise

Rehabilitation Management

- Katy's specialism is managing individuals following major trauma, including acquired brain injury (mild to severe in nature). She assists clients to achieve their vocational and functional goals. Her client base crosses the spectrum of ages from children to older adults.
- She also has extensive experience in managing complex orthopaedic trauma cases including below and above-knee and upper limb amputees, as well as multi trauma.

- Katy has experience of school liaison and collaborating with educational partners.
- Katy draws on a broad base of learning and behavioural theory, to positively support and influence clients to identify meaningful outcomes and sustainable habit formation to achieve long-term self-management.

Vocational Rehabilitation

- Katy is experienced in providing the appropriate support for return to work.
- Her skills include engaging with employers and the workplace through meetings and training sessions, assessing functional capacity, support in gaining new or alternative employment and identifying transferable skills.

CPD & Training

- Teaching Healthcare Professionals
- Cognitive Rehabilitation for Professionals
- Traumatic Brain Injury: Identification at the INA stage
- Flags biopsychosocial model: Applying to rehabilitation management
- Motivational Interviewing

Memberships & Qualifications

- BSc (Hons) Occupational Therapy
- Registered with HCPC
- Member of BABICM
- Member of CMSUK

For further information please call on 01698 207 755, or email helpis@proclaim-care.co.uk or visit proclaim-care.co.uk

