



## Jhanavi Karol

### Rehabilitation Manager

Base: London

Areas Covered: London, South East, South West

Languages: English, Hindi, Punjabi

#### Specialisms

Acquired Brain Injury (complex)

Spinal Cord Injury

Musculoskeletal

#### Injury Expertise

- Psychological Trauma
- Neurological Conditions
- Upper Limb Injury
- Chronic Pain
- Mental Health

#### Clinical Experience

- Jhanavi has worked in clinical practice in the NHS for over twelve years.
- For the last six years she has held a lead OT position in multi-disciplinary teams in London hospitals delivering case management and Occupational Therapy rehabilitation for clients with complex neurological conditions.
- Her range of clinical experience includes:
  - Assessment and Rehabilitation of stroke clients
  - Neurological Rehabilitation (Hospital and Outpatients)
  - Hospital discharge
  - Mental Health
- Jhanavi's experience included the management of complex cases through to discharge planning.

#### Rehabilitation Expertise

##### Rehabilitation Management

- Jhanavi has worked in Case Management for nearly two years, specialising in Neuroscience Case Management. This included the role of 'Neuronavigator' at Guys and St Thomas Hospital.

- She is very experienced in liaising with external agencies (specialist rehabilitation units), clinical commissioning groups and complex discharge teams.
- Her role included assessment of clients' needs and preparing tailored rehabilitation and care plans with evidence-based interventions.
- She is used to working with multi-disciplinary health teams, GPs and social services and implementing 24-hour care plans.
- Supporting and involving the client's families has been a key area to success.

#### Vocational Rehabilitation

- Jhanavi works with her vocational colleagues to develop return to work plans.
- This includes identifying the most appropriate and timely assessment such as FCE, workplace and ergonomic assessments.

#### CPD & Training

- Saebo trained
- Functional Electrical Stimulation
- Upper Limb Kinesiology - specific to neurological conditions
- Manual handling

#### Memberships & Qualifications

- BSc Occupational Therapy
- MA OT (Neurological Conditions)
- CMSUK
- HCPC

For further information please call on 01698 207 755, or email [helpis@proclaim-care.co.uk](mailto:helpis@proclaim-care.co.uk) or visit [proclaim-care.co.uk](http://proclaim-care.co.uk)

