



## Jo Rawlins

Rehabilitation Manager

Base: London

Areas Covered: London, South East



### Specialisms

Orthopaedic Trauma

Psychological Trauma

Return to Work

### Injury Expertise

- Complex Orthopaedic
- Complex Psychological & Psychiatric
- Musculoskeletal
- Return to Work Specialist
- Psychological Trauma

### Clinical Experience

- Jo qualified as an Occupational Therapist in 2004 and has worked in a variety of clinical settings both in Australia and in the UK, where she has resided since 2010.
- In the NHS, Jo has worked in a community setting, providing assistance for people with practical difficulties as well as arranging discharges from NHS into the community.
- Jo has worked in a Rapid Response team in Central London providing immediate assessment of people with health needs in order to improve health and wellbeing and avoid a hospital admission. In this role, Jo dealt with an extensive range of medical conditions and oversaw referrals to the wider multi-disciplinary team in order to facilitate recovery.
- She has an in-depth knowledge of community health resources as well as adaptive equipment available to promote independence.

### Rehabilitation Expertise

#### Rehabilitation Management

- Jo has several years of Case Management experience in the UK.
- She has a specialist interest in psychological injury and has in-depth knowledge of flags to identify

this type of condition and recommend the appropriate treatment disciplines.

- Jo recognises the holistic impact of injury and ill health on an individual. Her approach is focused on an optimum and timely recovery through the provision of detailed rehabilitation plans.
- Jo uses goal-focused rehabilitation plans to bring about recovery for her clients. She uses her eclectic rehabilitation experiences to help her clients set goals, overcome barriers and ultimately achieve excellent outcomes.

### Vocational Rehabilitation

- Jo is a Return to Work specialist and has been fortunate to obtain lots of experience in this field in her career to date.
- This started in Australia, working directly with employers to progress employees' return to the workplace. More latterly, she has worked in a return to work role at Kings Hospital NHS Trust.
- Jo is passionate about workplace wellbeing and, working with employers, she is proficient at agreeing a safe and sustainable return to work, even in complex cases.

### CPD & Training

Jo continues to maintain CPD and attends various training events (details of which can be obtained on request).

### Memberships & Qualifications

- Bachelor of Occupational Therapy
- CMSUK & HCPC Registered

For further information please call on 01698 207 755, or email [helpis@proclaim-care.co.uk](mailto:helpis@proclaim-care.co.uk) or visit [proclaim-care.co.uk](http://proclaim-care.co.uk)

