



Fatimah Parkar

Rehabilitation Manager

Base: London

Areas Covered: London, South East

Languages: English, Urdu, Hindi



Specialisms

Complex Orthopaedics

Neurological Rehabilitation

Paediatrics

Injury Expertise

- Neurological Conditions in Paediatrics
- Complex MSK
- Brachial Plexus
- Polytrauma
- Psychological Trauma
- Acquired Brain Injury (Mild/Moderate)

Clinical Experience

- Fatimah qualified as a Physiotherapist in 2004 and has since worked in both the US and the UK in a variety of clinical roles. She obtained a MSc (Physio) from the renowned Loma Linda University (California).
- She has significant experience obtained in senior clinical positions in several NHS settings, specialising in MSK and Neurological rehabilitation for paediatric patients as well as adults.
- Her expertise is in supporting clients with multiple pathologies and with complex health and social care needs including orthopaedics, chronic pain, neurological conditions and mental health.
- Fatimah is a qualified Neuro-Linguistic Practitioner and uses these skills to focus and motivate her clients for rehabilitation progress.

Rehabilitation Expertise

Rehabilitation Management

- Fatimah has a wide range of experience across most injury categories.
- She is skilled in co-ordinating multi-disciplinary rehabilitation, incorporating both NHS and private sector practitioners to allow for progressive, client-focused and collaborative practice.

- Her specialist interest areas are MSK and Neurology (specialising in Cerebral Palsy) and as an NHS clinician, she was instrumental in setting up neuro-rehab services for paediatrics.
- Fatimah's experience also includes a role as a Senior First Contact Physiotherapist based within London Primary Care Trusts in which she would be assessing and diagnosing MSK injuries and then referring them on to the appropriate discipline for further assessment and treatment.

Vocational Rehabilitation

- Fatimah applies a biopsychosocial approach, taking into consideration the biology or physiology of the underlying injury, in addition to addressing psychological and social contextual factors. This approach promotes independence and is supportive of a return to work.
- She is experienced at co-ordinating and working with Vocational Specialists to arrange programmes to support a timely, safe and sustainable return to work.

CPD & Training

- Various Vestibular Rehabilitation courses
- Radiology Course
- Motivational Interviewing in Brain Injury Rehabilitation
- Fatimah has a key interest in the role of digital marketing and has assisted with creating an App for MSK patients (CSP 8 November 2016)
- DSE Assessor Training

Memberships & Qualifications

- MSc Physiotherapy
- Registered with the HCPC
- Member of CMSUK

For further information please call on 01698 207 755, or email helpis@proclaim-care.co.uk or visit proclaim-care.co.uk

