



Jhanavi Karol

Rehabilitation Manager

Base: London

Areas Covered: London, South East, South West

Languages: English, Hindi, Punjabi



Specialisms

Acquired Brain Injury (complex)

Spinal Cord Injury

Musculoskeletal

Injury Expertise

- Psychological Trauma
- Neurological Conditions
- Functional Neurological Disorder
- Upper Limb Injury
- Chronic Pain
- Mental Health

Clinical Experience

- Jhanavi has worked in clinical practice in the NHS for over twelve years.
- For the last six years she has held a lead OT position in multi-disciplinary teams in London hospitals delivering case management and Occupational Therapy rehabilitation for clients with complex neurological conditions.
- Her range of clinical experience includes:
 - Assessment and Rehabilitation of stroke clients
 - Neurological Rehabilitation (Hospital and Outpatients)
 - Hospital discharge
 - Mental Health
- Jhanavi's experience included the management of complex cases through to discharge planning.

Rehabilitation Expertise

Rehabilitation Management

- Prior to starting in Case Management in 2021, Jhanavi worked as a neurological specialist in the NHS. This included the role of 'Neuro-navigator' at Guys and St Thomas Hospital.
- She is very experienced in liaising with external agencies (specialist rehabilitation units),

clinical commissioning groups and complex discharge teams.

- Her role included assessment of clients' needs and preparing tailored rehabilitation and care plans with evidence-based interventions.
- She is used to working with multi-disciplinary health teams, GPs and social services and implementing 24-hour care plans.
- Supporting and involving the client's families has been a key area to success.

Vocational Rehabilitation

- Jhanavi works with her vocational colleagues to develop return to work plans.
- This includes identifying the most appropriate and timely assessment such as FCE, workplace and ergonomic assessments.

CPD & Training

- Saebo trained
- Functional Electrical Stimulation
- Upper Limb Kinesiology - specific to neurological conditions
- Motivational Interviewing in Brain Injury Rehabilitation
- Manual handling

Memberships & Qualifications

- BSc Occupational Therapy
- MA OT (Neurological Conditions)
- Member of CMSUK & HCPC
- Registered with BABICM

For further information please call on 01698 207 755, or email helpis@proclaim-care.co.uk or visit proclaim-care.co.uk

