



Jessica Osterloh

Occupational Therapist

Base: London

Areas Covered: Nationwide



Specialisms

Neurological Conditions

Orthopaedic Trauma

Hand & Upper Limb Injuries

Expertise

- Accredited Functional Capacity Evaluator
- Occupational Health (OH) & Absence Management
- Vocational Rehabilitation (VR)
- Health & Occupational Ergonomics
- Occupational Therapy specific assessment & treatment
- Interventions to improve work readiness
- Hand & Upper Limb assessment and treatment
- Cognitive & Perceptual Rehabilitation

Jessica has a special interest in condition management related to maintenance at or return to work post injury. She is a current assessor in various aspects of work and employment to included job demand analysis, occupational health, health ergonomics and in-work support.

Jessica has a passion for educating clients on occupational therapy principles and treatment that can address a variety of health conditions and improve function in activities of daily living and work.

Clinical & Professional Experience

Jessica has over twelve years of experience in general Occupational Therapy, vocational rehabilitation and adult neurology.

She is a clinician with experience in assessment and treatment of neurological conditions, assistive and augmentative communication, musculoskeletal injury/condition management and visual and perceptual assessment and treatment. Jessica has gained experience while working in South Africa and the UK (both in private and the NHS).

Jessica is an accredited functional capacity evaluator and has completed postgraduate training in neurology and neuroanatomy; vocational rehabilitation and occupational health. Jessica completed a Masters in Vocational Rehabilitation at Sheffield Hallam University with a special focus on cognitive and behavioural job demands.

CPD & Training

Maintained through attending various courses and special interest groups:

- Trauma & Orthopaedics Training
- Health Ergonomics & Transferrable Skills Analysis
- Neurology & spinal cord injury rehabilitation management
- British Association of Hand Therapists: Level One
- Bobath Training

Memberships & Professional Qualifications

- BSc in Occupational Therapy (South Africa)
- PG Cert Mmed Neuroanatomy (South Africa)
- PG Cert & MSc Vocational Rehabilitation (UK)
- Member of RCOT & Specialist Section for Work & Neurology
- Member of VRA

For further information please call on 01698 207 755, or email helpis@weareobair.com or visit weareobair.com

