



Catherine Bennett

Rehabilitation Manager

Base: Manchester

Areas Covered: North West, Midlands



Specialisms

Complex Hand & Upper Limb Trauma

Burns

Orthopaedic Trauma

Injury Expertise

- Complex Hand & Upper Limb Trauma
- Amputee (Lower & Upper Limbs)
- Burns
- Complex Orthopaedic Trauma
- Psychological Trauma
- Mild Brain Injury
- Brachial Plexus

Clinical Experience

- Catherine is an Occupational Therapist and has worked as a Rehabilitation Manager since 2019.
- She has over 12 years' experience as an Occupational Therapist working in both NHS and Private Practice.
- Her areas of expertise are complex hand and upper limb trauma, burns, complex orthopaedic/major trauma injuries and psychological injuries.

Rehabilitation Expertise

Rehabilitation Management

- Through NHS treatment as part of the major trauma network and intervention as part of a multidisciplinary team in one of the UKs largest burns and plastics units, Catherine has developed skills essential to the treatment of complex trauma.
- Catherine has also been involved in providing Occupational Therapy / Upper Limb Assessments and Vocational Rehabilitation Evaluations and services to clients in the Occupational Health, Personal Injury and Disability Insurance Markets.

- Catherine demonstrates the ability to co-ordinate complex multi-disciplinary rehabilitation across NHS and Private providers to ensure optimal outcomes for individuals.
- Her extensive experience, strong clinical skills and effective communication techniques ensures her clients are treated holistically and are at the forefront of goal setting, treatment planning and evaluation, along with their family.

Vocational Rehabilitation

- Having gained significant experience in the assessment of the physical, cognitive and perceptual, and behavioural demands of jobs, along with vocational rehabilitation, Catherine uses her skills to promote a timely and sustainable return to work.
- As an Occupational Therapist, Catherine is passionate about functional improvements to advocate a return and maintenance at work.

CPD & Training

- Suicide Awareness
- Mental Health Training (Depression, Anxiety and Suicide)
- BAHT level 1 and 2

Memberships & Qualifications

- BSc OT
- Registered with RCOT & HCPC
- Member of BAHT & CMSUK

For further information please call on 01698 207 755, or email helpis@proclaim-care.co.uk or visit proclaim-care.co.uk

