



Elizabeth Maitland

Rehabilitation Manager

Base: West Lothian

Areas Covered: Scotland, Northern Ireland



Specialisms

Orthopaedic Trauma

Amputation (Lower & Upper)

Acquired Brain Injury

Injury Expertise

- Amputation (Upper and Lower Limb)
- Brachial Plexus
- Acquired Brain Injury
- Psychological Trauma
- Mental Health
- Pain Management

Clinical Experience

- Elizabeth has worked in clinical practice as a Registered Nurse for over 18 years in the NHS.
- Her broad and diverse range of evidence based clinical skills were gained across several specialisms in the acute sector environment.
- Her special interests include complex orthopaedic injuries and pain control.
- She has also had extensive experience in delivering safe, person centred and quality orientated rehabilitation outcomes for clients.

Rehabilitation Expertise

Rehabilitation Management

- Elizabeth has experience of working in the field of Orthopaedic, Neurological and Older People's rehabilitation.
- She has experience of working with Acquired Brain Injury clients and is an advocate of engagement with the client's family and representatives to deliver the best outcomes.

- Through her clinical experience, Elizabeth is skilled in working with multi-disciplinary, with a focus on SMART goals.
- She builds positive and effective relationships by always keeping the client at the centre of the rehabilitation process.

Vocational Rehabilitation

- Elizabeth is skilled at identifying the appropriate vocational assessments to support a return to work.
- Where vocational services are required, she ensures that these are aligned to the SMART goals and outcomes.
- Working with her vocational colleagues, she supports return to work plans for the client through engagement with employers.

CPD & Training

- BSc Adult Nursing
- Clinical Teaching in FE and HE Institutions
- Psychological First Aid
- Quality Improvement & Patient Safety certificate
- Adult & Child Protection Awareness certificate

Memberships & Qualifications

- NMC
- RCN
- Member of CMSUK
- Registered with BABICM

For further information please call on 01698 207 755, or email helpis@proclaim-care.co.uk or visit proclaim-care.co.uk

