



Ellie Wright

Rehabilitation Manager

Base: North Wales

Areas Covered: Wales, North West, Midlands



Specialisms

Burns

Complex Orthopaedic

Traumatic Brain Injury (Mild)

Injury Expertise

- Complex Orthopaedic Injuries
- Traumatic Brain Injury (Mild)
- Burns
- Psychological Trauma

Clinical Experience

- Ellie qualified as a Physiotherapist in 2012 and progressed her career working extensively for the Military and in the NHS across a variety of clinical settings.
- Special interests are complex orthopaedic injuries including burns, polytrauma and mild brain injuries.

Rehabilitation Expertise

Rehabilitation Management

- Ellie has 12 years' experience working in the MoD and NHS, dealing with major trauma and MSK, and is a specialist in Women's Health.
- Her experience includes working with PTSD and chronic pain.
- She also has wide NHS experience in critical care, burns, acute orthopaedic injury management including complex orthopaedic trauma and poly trauma.
- In military settings Ellie is experienced in rehabilitation of complex Orthopaedic and Musculoskeletal injuries, creating goal focused rehabilitation programmes and accessing evidence-based interventions to achieve health, wellbeing, and return to function/work outcomes. She understands the importance of short and long-term goal setting to help clients achieve realistic rehabilitation goals.

- Ellie also has experience in delivering pain management treatments in an NHS and military setting, understanding the importance of MDT working and delivery of collaborative healthcare.

Vocational Rehabilitation

- Ellie is experienced in delivering vocational rehabilitation in many different employment settings.
- Using a client centred approach, with goal setting to engage and motivate clients, Ellie is an effective problem solver, using her experience and critical thinking training to support a timely return to work, where appropriate.
- Ellie applies a biopsychosocial approach, taking into consideration the physiology of the underlying injury, in addition to addressing psychological and social contextual factors. This approach promotes independence.

CPD & Training

- Acute Illness Management Course
- POGP Prolapse Advanced Course
- POGP Advanced Managing Complex Female Pelvic Pain
- Understanding Disability
- Hypo-pressive Breathing

Memberships & Qualifications

- BSc (Hons) Physiotherapy
- HCPC registered
- Member of CMSUK
- Member of Chartered Society of Physiotherapists (CSP)

For further information please call on 01698 207 755, or email helpis@proclaim-care.co.uk or visit proclaim-care.co.uk

