



Omar Qureshi

Desktop Rehabilitation Manager

Base: West Midlands

Areas Covered: Nationwide

Languages Spoken: English, Urdu & Pashto



Specialisms

Orthopaedic Trauma

Occupational Health

Neuromuscular

Injury Expertise

- Musculoskeletal
- Complex Orthopaedic
- Psychological Trauma
- Work-place Injuries

Clinical Experience

- Omar is an experienced physiotherapist, having gained his MSc in 2019. He has most recently been working in Occupational Health roles as a practicing physiotherapist.
- As part of this role, Omar would assess and treat patients with a variety of clinical presentations including complex musculoskeletal and neurological conditions.
- Omar has extensive experience of managing treatment for all complex orthopaedic injuries and he is very experienced at assessing the best course of treatment to ensure maximum recovery is made. He is also experienced in working with multi-disciplinary teams in order to manage the holistic needs of his patients.

Rehabilitation Expertise

Rehabilitation Management

- As a Rehabilitation Case Manager, Omar can combine his clinical expertise with his knowledge of rehabilitation process. He has successfully managed adults with complex orthopaedic and neurological injuries.
- Omar can also work with clients who have been psychologically impacted by injury and is able to identify and implement suitable treatment plans to assist recovery.

- He uses his clinical experience of injury and rehabilitation knowledge to ensure that his clients have the best possible rehabilitation treatment in place to achieve an optimum and timely recovery.

Vocational Rehabilitation

- Omar is passionate about supporting his clients to return to work or meaningful activities and uses his vast experience of occupational health to ensure that his input is goal and return to work focused.
- He applies a biopsychosocial approach, taking into consideration the biology or physiology of the underlying injury, in addition to addressing psychological and social contextual factors. This approach promotes independence and is supportive of a return to work.
- His experience of multi-disciplinary team working enables him to work closely with Vocational Rehabilitation Specialists to support a safe and sustainable return to work, where appropriate.

CPD & Training

- Vocational Rehab and SMART Goals
- Introduction to Case Management
- Flags Biopsychosocial Model
- Mental Health Training (depression, anxiety and suicide)
- Motivational Interviewing

Memberships & Qualifications

- MSc Physiotherapy
- Member of CMSUK & Registered with HCPC

For further information please call on 01698 207 755, or email helpis@proclaim-care.co.uk or visit proclaim-care.co.uk

