



Wendy McGrail

Rehabilitation Manager

Base: South Yorkshire

Areas Covered: North East, North West, Midlands

Specialisms

Major Trauma Injuries

Psychological Injuries

Chronic Pain

Injury Expertise

- Complex Orthopaedic Injuries
- Upper & Lower Limb Injuries
- Wound Management

Clinical Experience

- Wendy commenced her nursing career in 1990 and has worked across many clinical positions which has formed her current case management practice.
- As an Outreach Sister, she worked across hospital and community settings, to provide assessment and treatment for patients with long term medical needs including chronic pain and psychological conditions.
- In her role as a Senior Nurse in orthopaedics, Wendy provided specialist care for patients with traumatic orthopaedic injuries, supporting recovery through coordinated care and clinical excellence.
- Furthermore, in this role Wendy provided rehabilitation-focused nursing care for patients recovering from stroke and orthopaedic injuries, promoting independence and functional recovery in a supportive ward environment.

Rehabilitation Expertise

Rehabilitation Management

- Wendy has been a Rehabilitation Case Manager since 2023 specialising in managing the needs of service users who have sustained life changing injuries.
- She utilises her extensive expertise when working with clients impacted by complex orthopaedic injuries, chronic pain, and long-term medical needs.

- Wendy also supports her clients through her extensive knowledge of treatment and rehabilitation pathways in both statutory and private settings.
- She is skilled in developing and co-ordinating multi-disciplinary rehabilitation programmes in community and hospital settings, enabling effective outcomes and working towards client goals.

Vocational Rehabilitation

- Wendy specialises in providing the appropriate support for return to work to those who have sustained serious injuries. She also ensures that meaningful goals are considered for people who are unable to return to the workplace due to their injuries.
- Using a client centred approach, with goal setting to engage and motivate clients, Wendy is an effective problem solver, using her critical thinking training to support a timely return to work, where appropriate.

CPD & Training

- Introduction to Case Management
- Flags Biopsychosocial Model: Applying to Rehabilitation Management
- Safeguarding Children & Adults Level 3
- Oliver McGowan Training (working with clients who have learning difficulties)
- Dementia Awareness

Memberships & Qualifications

- Registered Nurse & Midwifery Council (87Y2524E)
- Member of CMSUK

For further information please call on 01698 207 755, or email helpis@proclaim-care.co.uk or visit proclaim-care.co.uk

