



## Amie Grant

Rehabilitation Manager

Base: Essex

Areas Covered: London, South East, Midlands



### Specialisms

Musculoskeletal

Orthopaedic Trauma

Traumatic Brain Injury (Moderate)

### Injury Expertise

- Neurological Conditions
- Polytrauma
- Psychological Trauma

### Clinical Experience

- Having worked in a variety of health and social care settings since 2004, Amie qualified as a Nurse in 2015 specialising as a Community Practice Nurse Prescriber. Throughout her career, Amie has worked across a broad range of settings, with her last clinical position being a Community Health Visitor role, working with a diverse range of families, managing the long-term health and social issues of children.
- She has significant experience of managing complex medical needs in the community and supporting clients and their families to ensure that needs are met through NHS and Social Care services.
- In her role as Community Health Visitor, Amie was key at supporting vulnerable children to stay in education and was able to develop key links with the education system from early years to secondary. She has been able to use this experience in supporting the Rehabilitation clients that she works with.

### Rehabilitation Expertise

#### Rehabilitation Management

- Amie is skilled in Rehabilitation Management for children, young people, and adults.
- Amie is a proactive Rehabilitation Manager and has a wide range of experience across most injury categories. She was awarded CMSUK Case Manager of the Year in 2021 for her work in responding to clients who had been physically

and psychologically injured in a national disaster in 2017.

- She is skilled in co-ordinating multi-disciplinary rehabilitation, incorporating both NHS and private sector practitioners to allow for progressive, client-focused and collaborative practice.
- Amie's experience across trauma and orthopaedics, MSK and moderate brain injury, combined with her knowledge of NHS pathways in hospital and the community, means she is experienced in taking multi-trauma patients and working with local services to ensure treatment plans are set up appropriately and timely.

### Vocational Rehabilitation

- Amie applies a biopsychosocial approach, taking into consideration the biology or physiology of the underlying injury, in addition to addressing psychological and social contextual factors. This approach promotes independence and is supportive of a return to work.
- As well as liaising with schools and centres of education, Amie is experienced at co-ordinating and working with Vocational Specialists to arrange programmes to support a timely, safe and sustainable return to work.

### CPD & Training

Proclaim Care Rehabilitation Managers attend regular CPD courses throughout the year in order to maintain clinical knowledge and to meet professional qualification standards.

- Motivational Interviewing in Brain Injury Rehabilitation

### Memberships & Qualifications

Member of NMC, BABICM & CMSUK

For further information please call on 01698 207 755, or email [helpis@proclaim-care.co.uk](mailto:helpis@proclaim-care.co.uk) or visit [proclaim-care.co.uk](http://proclaim-care.co.uk)

