



Ben Mooney

Rehabilitation Manager

Base: Stockport

Areas Covered: Midlands, North West, North East



Specialisms

Orthopaedic Trauma

Pain Management

Return to Work

Injury Expertise

- Complex Musculoskeletal
- Multi-trauma Rehabilitation
- Mental Health
- Neurological Conditions
- Traumatic Brain Injury (Mild)

Clinical Experience

- Ben is an experienced physiotherapist. After graduating in 2015, he practiced in a rehabilitation setting, working with clients who required post-surgical rehabilitation across the spectrum of musculoskeletal conditions.
- In the above role, he worked closely with MDT services to ensure that the holistic needs of the patient were met including liaising with and referring to specialists, where necessary.
- Ben furthered an interest in musculoskeletal conditions escalating into chronic pain. He is experienced in providing pain management intervention from a physical and psychological perspective.
- In his most recent clinical practice, Ben worked as a functional assessor. He would review the health needs of clients and promote treatment pathways to assist them back to recovery and return to work.

Rehabilitation Expertise

Rehabilitation Management

- Ben has extensive experience of working with adults who have multi-trauma conditions spanning a range of orthopaedic and psychological injuries.
- He is skilled in developing and co-ordinating

multi-disciplinary rehabilitation programmes in community and hospital settings, enabling effective outcomes when working towards client goals.

- Ben is experienced in working with clients who have developed long-term chronic pain as a result of their injuries.

Vocational Rehabilitation

- Ben has excellent experience in an occupational health physiotherapy setting and has a specialist interest in supporting clients back to pre-injury functional activities in work or other vocational goals.
- He applies a biopsychosocial approach, taking into consideration the biology or physiology of the underlying injury, in addition to addressing psychological and social contextual factors. This approach promotes independence and is supportive of a return to vocational goal and work.

CPD & Training

- Safeguarding Training
- Vocational Rehab and SMART Goals
- Introduction to Case Management
- Flags Biopsychosocial Model
- Mental Health Training (depression, anxiety and suicide)
- Motivational Interviewing

Memberships & Qualifications

- BSc (Hons) Physiotherapy
- HCPC Registered
- Member of CMSUK

For further information please call on 01698 207 755, or email helpis@proclaim-care.co.uk or visit proclaim-care.co.uk

