



Charlotte Mason

Rehabilitation Manager

Base: Surrey

Areas Covered: London, South West, South East



Specialisms

Orthopaedic Trauma

Spinal Cord Injury

Psychological Trauma

Injury Expertise

- Acquired Brain Injury (mild/moderate)
- Neurological Conditions including Functional Neurological Disorder
- Pelvic & Lower Limb Fractures

Clinical Experience

- Charlotte qualified as a Physiotherapist in 2018.
- She has extensive experience working across private and NHS services in a variety of different clinical settings including trauma and orthopaedics, neurology (including FND) and general medical conditions. Within her clinical role, Charlotte worked on a spinal injury unit and has managed patients with all levels of spinal cord injury.
- In her most recent clinical role, Charlotte worked as a Physiotherapist in a private clinic where she developed her skills in rehabilitation for musculoskeletal injuries, including return to work guidance.
- Through her clinical experience, Charlotte has developed a passion for managing patients with complex orthopaedic injuries and psychological trauma. She also has an in-depth understanding of multi-disciplinary rehabilitation and clinical pathways post injury.

Rehabilitation Expertise

Rehabilitation Management

- Charlotte uses her clinical experience to co-ordinate complex multi-disciplinary rehabilitation, incorporating both NHS and private sector practitioners to allow for progressive, client-focused and collaborative practice.

- Charlotte has extensive knowledge of both physical and cognitive assessments of patient's needs and uses this to ensure her clients receive the best possible treatment.
- Her strong clinical skills allow her to assess, plan, implement and manage a coordinated approach for each individual client, as well as engaging and supporting their families.

Vocational Rehabilitation

- Using a client centred approach, with goal setting to engage and motivate clients, Charlotte is an effective problem solver, using her critical thinking training to support a timely return to work, where appropriate.
- As a Physiotherapist, her focus is on improving function to support an early and sustainable return to work.

CPD & Training

- Introduction to Case Management
- Flags Biopsychosocial Model: Applying to Rehabilitation Management
- Amputee Management at Roehampton Hospital
- Training and conference attendances on the management and rehabilitation of long-term neurological conditions

Memberships & Qualifications

- BSc Physiotherapy
- HCPC Registered PH115417
- Member of Chartered Society of Physiotherapy 104315
- Member of CMSUK

For further information please call on 01698 207 755, or email helpis@proclaim-care.co.uk or visit proclaim-care.co.uk

