



Eleanor Moss

Desktop Rehabilitation Manager

Base: South Wales

Areas Covered: Nationwide



Specialisms

Orthopaedic Trauma

Mental Health

Return to Work

Injury Expertise

- Musculoskeletal
- Cardiac Rehabilitation
- Neurological Rehabilitation

Clinical Experience

- Eleanor is an experienced Physiotherapist and has worked in private health organisations since qualifying in 2021.
- During her physiotherapy degree, Eleanor worked part time for a national care and rehabilitation case management service as support for clients with severe neurological impairment.

Rehabilitation Expertise

Rehabilitation Management

- Before joining Proclaim Care, Eleanor worked for a nationwide health provider, completing disability assessment work for people with a range of medical conditions including musculoskeletal disorders, neurological difficulties, various mental health conditions and cardiovascular issues.
- This work required Eleanor to know a wide range of medical diagnoses, as well as the treatment and rehabilitation requirements for each illness.
- As a Rehabilitation Manager, Eleanor uses her detailed knowledge of injury as well as understanding of statutory and private treatment services to ensure that her clients are managed into the most appropriate treatment service for their needs in order to maximise recovery.

Vocational Rehabilitation

- Eleanor is passionate about supporting her clients back to work or meaningful activity. Eleanor is experienced in providing the appropriate support for return to work.
- She is well versed in using biopsychological strategies, taking into account the holistic needs of her clients, in order to support them in their return to work.
- Outside of paid employment, Eleanor works for a national charity which promotes inclusion and independence in vocational activities for disabled people.

CPD & Training

- Safeguarding Training
- Advanced Biomechanical Rehabilitation
- Vocational Rehab and SMART Goals
- Introduction to Case Management
- Flags Biopsychosocial Model
- Mental Health Training (depression, anxiety and suicide)
- Motivational Interviewing

Memberships & Qualifications

- BSc (Hons) Physiotherapy
- Registered with HCPC
- Member of CMSUK
- Member of CSP

For further information please call on 01698 207 755,
or email helpis@proclaim-care.co.uk or visit proclaim-care.co.uk

