



## Emma Ross-Grant

Rehabilitation Manager

Base: Wiltshire

Areas Covered: South West, South East, Midlands



### Specialisms

Musculoskeletal

Orthopaedic Trauma

Mental Health /  
Psychological Trauma

### Injury Expertise

- Musculoskeletal Disorders
- Vocational Rehabilitation
- Organic & Functional Mental Health Disorders
- Chronic Pain

### Clinical Experience

- Emma has been a chartered physiotherapist since 2007, with over 14-years of broad clinical experience.
- This includes musculoskeletal out-patients, NHS Hospitals discharge team, Intermediate care, Community rehabilitation, Mental health and Occupational health.
- She has a special interest in Vocational rehabilitation and getting people back into work.

### Rehabilitation Expertise

#### Rehabilitation Management

- Emma has considerable experience in musculoskeletal rehabilitation of upper limb, lower limb and spinal conditions.
- Furthermore, she is highly experienced within community rehabilitation, treating patients with orthopaedic injuries, neurological disorders, and falls.
- Emma has also gained experience within mental health, treating both areas of mental health, organic and functional disorders.
- Emma advocates a bio-psychosocial approach to all her rehabilitation and using motivational interviewing to empower the client to achieve their goals.

- Emma's rehabilitation experience extends to working within an Occupational Health setting, assisting clients with musculoskeletal disorders rehabilitate and return to work.

### Vocational Rehabilitation

- Emma has a passion for supporting her clients to achieve a safe and sustainable return to work.
- She is highly skilled at working with her clients and employers to develop graduated return to work plans.
- The return to work planning incorporates the clients' rehabilitation into the working environment.

### CPD & Training

- Webinar: Pain - Common myths & misconceptions
- Rethinking pain education
- ACPOHE Covid-19 Return to work guidance
- Introduction to Occupational health
- Behaviour change training
- Whiplash associated disorders & neck rehabilitation
- Lower back pain assessment and prognosis
- Clinical presentations of shoulder pain

### Memberships & Qualifications

- BSc (Hons) Physiotherapy
- Member of the Chartered Society of Physiotherapists
- HCPC registered & CMSUK member

For further information please call on 01698 207 755,  
or email [helpis@proclaim-care.co.uk](mailto:helpis@proclaim-care.co.uk) or visit [proclaim-care.co.uk](http://proclaim-care.co.uk)

