



## Jhanavi Karol

Specialist Clinical Lead –  
FND & Neurological Conditions

Base: London

Areas Covered: London, South East, South West

Languages: English, Hindi, Punjabi



### Specialisms

Acquired Brain Injury (complex)

Spinal Cord Injury

Complex Orthopaedic

### Injury Expertise

- Psychological Trauma
- Neurological Conditions
- Functional Neurological Disorder
- Upper Limb Injury
- Chronic Pain
- Mental Health

### Clinical Experience

- Jhanavi has worked in clinical practice in the NHS for over twelve years.
- For the last six years she has held a lead OT position in multi-disciplinary teams in London hospitals delivering case management and Occupational Therapy rehabilitation for clients with complex neurological and orthopaedic conditions.
- Her range of clinical experience includes:
  - Assessment and Rehabilitation of stroke clients
  - Neurological Rehabilitation (Hospital and Outpatients)
  - Hospital discharge
  - Mental Health
- Jhanavi's experience included the management of complex multi-trauma cases through to discharge planning.

### Rehabilitation Expertise

#### Rehabilitation Management

- Prior to starting in Case Management in 2021, Jhanavi worked as a neurological specialist in the NHS. This included the role of 'Neuro-navigator' at Guys and St Thomas Hospital.

- She is very experienced in liaising with external agencies (specialist rehabilitation units), clinical commissioning groups and complex discharge teams.
- Her role included assessment of clients' needs and preparing tailored rehabilitation and care plans with evidence-based interventions.
- She is used to working with multi-disciplinary health teams, GPs and social services and implementing 24-hour care plans.
- Supporting and involving the client's families has been a key area to success.

### Vocational Rehabilitation

- Jhanavi works with her vocational colleagues to develop return to work plans.
- This includes identifying the most appropriate and timely assessment such as FCE, workplace and ergonomic assessments.

### CPD & Training

- Saebo trained
- Functional Electrical Stimulation
- Upper Limb Kinesiology - specific to neurological conditions
- Motivational Interviewing in Brain Injury Rehabilitation
- Manual handling

### Memberships & Qualifications

- BSc Occupational Therapy
- MA OT (Neurological Conditions)
- Member of CMSUK & HCPC
- Registered with BABICM

For further information please call on 01698 207 755,  
or email [helpis@proclaim-care.co.uk](mailto:helpis@proclaim-care.co.uk) or visit [proclaim-care.co.uk](http://proclaim-care.co.uk)

