



Jo Rawlins

Rehabilitation Manager

Base: London

Areas Covered: London, South East



Specialisms

Orthopaedic Trauma

Psychological Trauma

Return to Work

Injury Expertise

- Complex Orthopaedic
- Complex Psychological & Psychiatric
- Musculoskeletal
- Return to Work Specialist
- Psychological Trauma

Clinical Experience

- Jo qualified as an Occupational Therapist in 2004 and has worked in a variety of clinical settings both in Australia and in the UK, where she has resided since 2010.
- In the NHS, Jo has worked in a community setting, providing assistance for people with practical difficulties as well as arranging discharges from NHS into the community.
- Jo has worked in a Rapid Response team in Central London providing immediate assessment of people with health needs in order to improve health and wellbeing and avoid a hospital admission. In this role, Jo dealt with an extensive range of medical conditions and oversaw referrals to the wider multi-disciplinary team in order to facilitate recovery.
- She has an in-depth knowledge of community health resources as well as adaptive equipment available to promote independence.

Rehabilitation Expertise

Rehabilitation Management

- Jo has several years of Case Management experience in the UK.
- She has a specialist interest in psychological injury and has in-depth knowledge of flags to identify

this type of condition and recommend the appropriate treatment disciplines.

- Jo recognises the holistic impact of injury and ill health on an individual. Her approach is focused on an optimum and timely recovery through the provision of detailed rehabilitation plans.
- Jo uses goal-focused rehabilitation plans to bring about recovery for her clients. She uses her eclectic rehabilitation experiences to help her clients set goals, overcome barriers and ultimately achieve excellent outcomes.

Vocational Rehabilitation

- Jo is a Return to Work specialist and has been fortunate to obtain lots of experience in this field in her career to date.
- This started in Australia, working directly with employers to progress employees' return to the workplace. More latterly, she has worked in a return to work role at Kings Hospital NHS Trust.
- Jo is passionate about workplace wellbeing and, working with employers, she is proficient at agreeing a safe and sustainable return to work, even in complex cases.

CPD & Training

Jo continues to maintain CPD and attends various training events (details of which can be obtained on request).

Memberships & Qualifications

- Bachelor of Occupational Therapy
- CMSUK & HCPC Registered

For further information please call on 01698 207 755, or email helpis@proclaim-care.co.uk or visit proclaim-care.co.uk

