



## Leanie Lambe

Senior Rehabilitation Manager

Base: Lanarkshire

Areas Covered: Scotland, North East



### Specialisms

Complex Orthopaedic Trauma

Acquired Brain Injury

Psychological Trauma

### Injury Expertise

- Complex Orthopaedics / Musculoskeletal
- Brachial Plexus
- Chronic Pain / Pain Management
- Traumatic Brain Injury (Mild to Moderate)
- Psychological Trauma
- Functional Neurological Conditions

### Clinical Experience

- Leanie graduated with a first-class honour's degree in Occupational Therapy in 2010.
- She has 12-years clinical experience working in hospital and community rehabilitation both within the NHS, social work services and private practice. These include Accident and Emergency, Trauma Orthopaedics, community rehabilitation teams and Reablement services.
- Leanie has expertise in supporting clients with multiple pathologies with complex health and social care needs; including orthopaedics, chronic pain, neurological conditions including Functional Neurological Disorder, mental health, brain injuries, alcohol and addictions.

### Rehabilitation Expertise

#### Rehabilitation Management

- Leanie's specialist expertise is in complex orthopaedics, with experience in the acute stage, managing discharge and community rehabilitation. However, her experience extends to working with clients with a range of injuries.
- Leanie uses a highly personalised, cohesive and creative approach to enable clients through goal focused case management, using evidence-based interventions.
- From her experience in the public and private sectors, Leanie is adept at assessing her clients'

needs and identifying appropriate support and intervention.

- She is focussed on helping to improve clients' emotional and physical wellbeing, using a client centred framework.
- Leanie establishes good rapport with her clients and achieves excellent outcomes for them. She receives consistent positive feedback.

### Vocational Rehabilitation

- Leanie applies a biopsychological approach, taking into consideration the biological or physiology of the underlying injury, in addition to addressing psychological and social contextual factors. This approach promotes independence and is supportive of a return to work.
- She works with her vocational colleagues to deliver the required vocational assessments to aid her clients.

### CPD & Training

- MA of Science in Specialist Dementia Care
- Mental Health Training
- Prosthetics and Orthotics
- Brain and Mind: Beyond Locked Doors, Managing Complexity in the Community
- Functional Neurological Training
- Beyond the Beginnings: Complex Brain Injury Case Management
- Pain Management
- RTW planning and assessing capacity for work

### Memberships & Qualifications

- BSc (Hons) OT & MSc Specialist Dementia Care
- Advanced British Sign Language
- Member of CMSUK & HCPC

For further information please call on 01698 207 755, or email [helpis@proclaim-care.co.uk](mailto:helpis@proclaim-care.co.uk) or visit [proclaim-care.co.uk](http://proclaim-care.co.uk)

