



## Lindsay Collings

Regional Manager

Base: Milton Keynes

Regional Managers work with specific Case Managers and are not available for referral requests.



### Specialisms

Orthopaedic Trauma

Amputee (Lower & Upper)

Acquired Brain Injury

### Injury Expertise

- Neurological Conditions & Psychological Trauma
- Amputee (Lower Limb)
- Spinal Cord Injuries
- Brain Injury (Mild /Moderate)
- Chronic Pain
- Complex Orthopaedic Injury

### Clinical Experience

- A Chartered Physiotherapist, Lindsay has been a Rehabilitation Manager since 2012.
- She has over seven years clinical experience working within the NHS, private hospitals, private clinics and occupational health.
- She has a specialist interest in complex orthopaedic injury amputee and brain injury. and her experience includes high dependency, intensive care, orthopaedics, trauma and an immediate care unit.
- She is Clinical Team Leader for the Central Regional team.

### Rehabilitation Expertise

#### Rehabilitation Management

- Lindsay is a specialist in Traumatic Brain Injury. She also has extensive experience in spinal, complex orthopaedic injuries and amputations.
- As a Chartered Physiotherapist, she is very adept at assessing her client's needs holistically and creating goal focused rehabilitation programmes, accessing evidence-based interventions to achieve health, wellbeing, return to function and work outcomes.

- As a Clinical Team Leader, she is an advocate of pro-active, evidence-based Case Management, demonstrating value and putting the claimant at the heart of the claims process.

### Vocational Rehabilitation

- Lindsay has strong skills in liaising with employers to support her clients with their return to work through developing and managing graduated return to work programmes, advising of support techniques to assist early return to work and, where appropriate, vocational redirection.

### CPD & Training

- Traumatic Brain Injury: Identification at the INA stage
- Flags Biopsychosocial Model: Applying to rehabilitation management
- Motivational Interviewing Report Writing: Demonstrating critical thinking
- Mental Health Training (depression, anxiety and suicide)
- PACE Training: Beyond the Clinical Room and Neuromotus
- CMSUK Training: Multiple Courses
- APIL: Case Manager Legal Training

### Memberships & Qualifications

- BSc (Hons) Physiotherapy
- Member of CMSUK & HCPC
- Chartered Society of Physiotherapy

For further information please call on 01698 207 755, or email [helpis@proclaim-care.co.uk](mailto:helpis@proclaim-care.co.uk) or visit [proclaim-care.co.uk](http://proclaim-care.co.uk)

