



## Myreija Emery

### Rehabilitation Manager

Base: Berkshire

Areas Covered: London, South East, Home Counties

Languages: English, German, Dutch, French



#### Specialisms

Acquired Brain Injury (Severe)

Psychological Trauma

Complex Orthopaedic

#### Injury Expertise

- Spinal Injury (not Spinal Cord)
- Amputation (Lower Limb)
- Paediatrics
- Musculoskeletal
- Complex Orthopaedic

#### Clinical Experience

- Myreija has over 30 years of experience as a physiotherapist and has worked in a variety of clinical settings in public and private services.
- As a clinician, Myreija has extensive experience in providing physiotherapy treatment for orthopaedic injuries and a variety of neurological conditions, including traumatic brain injury.
- In her clinical practice, Myreija has significant experience of working in a multi-disciplinary team across a variety of disciplines including chronic pain, rheumatology, orthopaedics and brain injury, which has underpinned her case management practices.

#### Rehabilitation Expertise

##### Rehabilitation Management

- Myreija continues to work in clinical practice and has been a case manager since 2016.
- She has experience working with clients across a broad spectrum of conditions and she excels in managing rehabilitation plans for clients with complex orthopaedic conditions, acquired brain injury and spinal cord injury.
- Her understanding of NHS and private treatment pathways allows her to excel in providing early intervention for clients who have experienced polytrauma.

- She is highly skilled at working with her clients to agree goals to facilitate optimal rehabilitation.
- Her client centred approach considers the client's needs from a holistic perspective, to identify barriers and motivating factors.
- Myreija's goal-based approach to rehabilitation ensures that all parties, including appropriate family members are kept involved and updated along the journey of recovery.
- Most importantly, she keeps her clients focused and motivated in their recovery.

#### Vocational Rehabilitation

- Myreija is passionate about supporting her clients to return to work.
- Using her significant experience of both clinical and case management practice, she enjoys working with employers and is proficient at agreeing a safe and sustainable return to work.
- This includes graduated return to work programmes.

#### CPD & Training

- Teaching and Training of Support Workers
- Pain Management and Psychological Injury
- Challenging Behaviour after Brain injury

#### Memberships & Qualifications

- BSc Physiotherapy
- Chartered Society of Physiotherapy
- HCPC
- CMSUK

For further information please call on 01698 207 755, or email [helpis@proclaim-care.co.uk](mailto:helpis@proclaim-care.co.uk) or visit [proclaim-care.co.uk](http://proclaim-care.co.uk)

