



## Pamela Hylands

Rehabilitation Manager

Base: Cumbria

Areas Covered: North West, North East

### Specialisms

Traumatic Brain Injuries (Mild/Moderate)

Amputation (Upper & Lower Limb)

Complex Spinal Cord Injury

### Injury Expertise

- Complex Orthopaedics
- Brachial Plexus
- Psychological Trauma
- Chronic Pain

### Clinical Experience

- Pamela qualified as a Registered Nurse and has over 30 years of clinical experience working across several clinical positions. She dually qualified as a General and Psychiatric Nurse and has extensive experience in both acute settings.
- She gained several years of experience working within a neuro and spinal injuries rehabilitation unit.
- Pamela has significant experience of working in acute stroke units, surgical units and medical wards. Within this role, she worked with the therapy-led MDT team to maximise the recovery of her patients from illness and injury.

### Rehabilitation Expertise

#### Rehabilitation Management

- Pamela has worked in case management for several years and has vast clinical experience of working with clients who have sustained life changing injuries.
- She has extensive experience of providing expertise to clients impacted by complex orthopaedic injuries, traumatic brain injuries, spinal injuries and amputations.
- To support her patients, Pamela has excellent experience of major trauma treatment and rehabilitation pathways in statutory, NHS and private settings. She is also significantly

- experienced in complex discharge planning and CQC regulations and associated governance.
- Pamela is skilled in developing and co-ordinating multi-disciplinary rehabilitation programmes in community and hospital settings, enabling effective outcomes and working towards client goals.
- Through her clinical and case management work, Pamela's experience has included working with GPs, multi-disciplinary health teams, social services, employers, Insurers and Solicitors.

### Vocational Rehabilitation

- Pamela is experienced in providing the appropriate return to work support to people who have sustained serious injuries.
- She naturally focuses on a holistic and client centred approach, with goal setting to engage and motivate her clients. Pamela is an effective problem solver, using her critical thinking training to support a timely return to work, where appropriate.

### CPD & Training

- Introduction to Case Management
- Flags Biopsychosocial Model: Applying to Rehabilitation Management
- Safeguarding training
- Details of specialist training available on request

### Memberships & Qualifications

- Registered General and Psychiatric Nurse
- Registered with RCN
- Member of CMSUK

For further information please call on 01698 207 755, or email [helpis@proclaim-care.co.uk](mailto:helpis@proclaim-care.co.uk) or visit [proclaim-care.co.uk](http://proclaim-care.co.uk)

