



Ria (Christina) Clement

Rehabilitation Manager

Base: South London

Areas Covered: London, South East



Specialisms

Traumatic Brain Injuries
(mild/moderate)

Complex Orthopaedic Injuries

Psychological Trauma

Injury Expertise

- Neurological Conditions
- Spinal Cord Injury (incomplete)
- Musculoskeletal

Clinical Experience

- Ria qualified as a Registered Nurse in 2011 and has worked in several clinical positions within a major trauma hospital in London.
- She has several years of experience of working within an acute stroke and rehabilitation unit, during which she treated patients from day one of stroke, through rehabilitation recovery, to hospital discharge. Within this role, she worked with the therapy-led MDT team to maximise the recovery of her patients.
- Further clinical roles included working in a Critical Care and Neuro ICU ward at King's College Hospital, London. Ria obtained significant experience in treating patients with complex neurological injuries including traumatic brain injury, stroke and spinal cord injury as well as complex orthopaedic injury.
- In her most recent role, Ria worked as a Nurse Functional Assessor for DWP claims. Within this role, she worked with clients suffering from a variety of complex conditions including physical, mental health, cognitive and sensory impairments.

Rehabilitation Expertise

Rehabilitation Management

- Ria has several years of case management experience which she uses to support her clients in their return to function following life changing injuries.
- She has extensive experience of dealing

with clients impacted by complex orthopaedic injuries and traumatic brain injuries.

- To support her clients, Ria makes use of her experience of major trauma treatment and rehabilitation pathways in both statutory and NHS settings.
- Ria is skilled in developing and co-ordinating multi-disciplinary rehabilitation programmes in community and hospital settings, enabling effective outcomes and working towards client goals.
- Through her clinical and case management work, Ria has gained extensive experience in working with GPs, multi-disciplinary health teams, social services, employers, Insurers and Solicitors.

Vocational Rehabilitation

- Ria is experienced in providing people who have sustained serious injuries with the appropriate return to work support.
- Ria naturally focuses on a holistic and client centred approach, with goal setting to engage and motivate clients. She is an effective problem solver, using her critical thinking training to support a timely return to work, where appropriate.

CPD & Training

- Introduction to Case Management
- Flags Biopsychosocial Model: Applying to Rehabilitation Management
- Safeguarding Training level 3
- Stroke Rehabilitation

Memberships & Qualifications

- NMC Registered
- Member of RCN
- Member of CMSUK

For further information please call on 01698 207 755, or email helpis@proclaim-care.co.uk or visit proclaim-care.co.uk

