



## Sarah Mills

Rehabilitation Manager

Base: Wiltshire

Areas Covered: South West,  
South Wales, South East, London



### Specialisms

Trauma & Orthopaedics

Burns

Musculoskeletal

### Injury Expertise

- Complex Orthopaedic Trauma
- Acquired Brain Injury (Mild)
- Amputation (Upper & Lower Limb)
- Pain Management

### Clinical Experience

- Sarah is a highly experienced Physiotherapist.
- She has 29 years of clinical experience working across a range of clinical areas both in the NHS and in the private sector.
- She worked in a Major Trauma Centre with patients who had sustained complex trauma.
- This involved working with patients who had injuries including severe burns, severe and complex orthopaedic injuries, traumatic amputation, and head injuries.
- She specialised in Orthopaedic Trauma & Burns.
- In the private sector Sarah has worked in the field of Functional Capacity Evaluation for 20 years.
- Sarah is skilled in the assessment and treatment of musculoskeletal injuries.

### Rehabilitation Expertise

#### Rehabilitation Management

- Through Sarah's clinical experience she has supported rehabilitation for clients across a range of injuries and conditions.
- Excellent communication skills together with her client centred approach creates engagement and motivation with an outcome focus.

- Utilising her clinical and functional assessment skills, Sarah is highly effective at identifying barriers and working with clients to set SMART goals to recovery and return to work and identifying methods to remove these barriers.
- She is skilled at working across multidisciplinary teams to support the client's recovery.

#### Vocational Rehabilitation

- Sarah is highly competent at working with employers to support clients to achieve a safe and sustainable return to work.
- She is skilled at liaising with all the stakeholders in employers, such as line managers, HR and Occupational Therapy, to address any barriers that may arise during the return to work programme.
- Working with vocational colleagues, she is experienced in identifying and managing the relevant vocational assessment and interventions to achieve return to work.

#### CPD & Training

- Mental Health Risk Assessment
- Functional Goal Setting

#### Memberships & Qualifications

- Grad. Dip. Phys.
- HCPC Registered
- Member of CMS UK

For further information please call on 01698 207 755,  
or email [helpis@proclaim-care.co.uk](mailto:helpis@proclaim-care.co.uk) or visit [proclaim-care.co.uk](http://proclaim-care.co.uk)

