



## Vrushali Shetye

Rehabilitation Manager

Base: London

Areas Covered: London, South East, East Anglia

Languages: English, Hindu, Marathi



### Specialisms

Acquired Brain Injury

Complex Orthopaedic

Neurological Conditions

### Injury Expertise

- Musculoskeletal
- Psychological Trauma & Mental Health
- Lower Limb Amputations
- Spinal Cord Injuries
- Brachial Plexus
- Multi-trauma

### Clinical Experience

- Vrushali has over 12-years clinical experience working in the NHS and private practice.
- She worked as a multidisciplinary health practitioner providing expert care and rehabilitation in the NHS.
- Her most recent clinical role was as a Senior Stroke and Neuro Physiotherapist. This involved producing end to end strategies (assessment to discharge planning).
- Previously, she was in the role of Reablement Specialist Physiotherapist.
- Reablement supported clients recently discharged from hospital and clients referred by community health services to improve their health and wellbeing and quality of life.
- In private practice, Vrushali was a senior physiotherapist responsible for triage, screen, assessment, and rehabilitation programmes. Client conditions included:
  - Musculoskeletal
  - Neurological
  - Post-surgical orthopaedic

### Rehabilitation Expertise

#### Rehabilitation Management

- Vrushali's case management experience

includes clients with complex neurological or orthopaedic conditions.

- She is highly skilled at engaging all stakeholders such as family, multidisciplinary teams, social workers and community services.
- Her approach and philosophy to rehabilitation is to create excellent engagement with her clients and agreed SMART goals to achieve the best outcomes.
- She has experience managing hospital discharge for safe return to home.
- This has included working with social services and safeguarding teams to assure client safety.

### Vocational Rehabilitation

- Vrushali has a strong focus on vocational rehabilitation to identify the most appropriate assessments to support a return to work.
- Working with her Vocational colleagues, she manages employer communications and promotes a phased approach to achieve a safe and sustainable return to work.

### CPD & Training

- Motor Neurone Disease
- STARS - Advanced Level Stroke Training
- Clinical Mentor and Educator Course

### Memberships & Qualifications

- MSc Physiotherapy
- BSc Physiotherapy
- Registered with BABICM & HCPC
- Member of CMSUK

For further information please call on 01698 207 755, or email [helpis@proclaim-care.co.uk](mailto:helpis@proclaim-care.co.uk) or visit [proclaim-care.co.uk](http://proclaim-care.co.uk)

