



Shanice Allen

Rehabilitation Manager

Base: London

Areas Covered: London, South East

Specialisms

Moderate Traumatic Brain Injuries

Complex Orthopaedic Injuries

Pain Management

Injury Expertise

- Lower Limb Fractures
- Neurological Conditions
- Psychological Trauma

Clinical Experience

- Shanice qualified as a physiotherapist in 2016 and has worked across several clinical positions within the NHS including neurological, orthopaedic and complex medical rehabilitation.
- She has significant experience in complex neurological injuries including traumatic brain injury. In her clinical roles she has delivered early mobilisation and rehabilitation programmes for ICU and respiratory patients as well as implementing strength, mobility and balance rehabilitation programmes to support recovery and independence for more functional patients.
- Shanice has sound experience of delivering rehabilitation-focused treatment for patients recovering from complex orthopaedic injuries, promoting independence and function.
- Shanice contributed to discharge planning through assessment of functional ability and home environment safety. She also has excellent experience in multi-disciplinary meetings regarding patient capacity, discharge planning and care coordination.
- Shanice's experience includes working as a Functional Disability Assessor for the DWP where she would provide assessments for people with long term physical and mental health issues.

Rehabilitation Expertise

Rehabilitation Management

- Shanice uses her clinical experience in her day-to-day case management by supporting her clients to return to function following life-changing injuries.

- She has extensive experience of providing expertise to clients impacted by complex orthopaedic injuries and traumatic brain injuries.
- To support her patients, Shanice makes use of her experience in trauma treatment and rehabilitation pathways in both private and NHS settings.
- Shanice is skilled in developing and co-ordinating multi-disciplinary rehabilitation programmes in community and hospital settings, enabling effective outcomes and working towards client goals.
- Shanice has gained extensive experience of working with GPs, multi-disciplinary health teams, social services, employers, Insurers and Solicitors.

Vocational Rehabilitation

- Shanice specialises in providing people who have sustained serious injuries with the appropriate return to work support.
- She is an effective problem solver, using her critical thinking training to support a timely return to work, where appropriate.

CPD & Training

- Introduction to Case Management
- Flags Biopsychosocial Model: Applying to Rehabilitation Management
- Manual Handling training
- Safeguarding Training – Vulnerable Adults
- Respiratory & ICU Physiotherapy Training
- Clinical Educator / Student Supervision Training

Memberships & Qualifications

- BSc (Hons) Physiotherapy
- Chartered Society of Physiotherapy
- HCPC Registered
- Member of CMSUK

For further information please call on 01698 207 755, or email helpis@proclaim-care.co.uk or visit proclaim-care.co.uk

