



Rebecca Turnbull

Rehabilitation Manager

Base: Northumberland

Areas Covered: North East, North West, Scotland



Specialisms

Spinal Cord Injuries

Orthopaedic Injuries (Complex)

Traumatic Brain Injury (Complex)

Injury Expertise

- Musculoskeletal
- Internal injuries requiring enteral feeding & stoma care
- Psychological injuries

Clinical Experience

- Rebecca is an experienced Adult Nurse and has worked in a range of different environments including acute clinical settings and community settings.
- Rebecca has worked in a major acute hospital managing patients with orthopaedic, surgical, neurological and spinal injuries. In this role, she was involved in therapy-led multi-disciplinary care to maximise the recovery of her patients.
- Furthermore, her roles in surgical and neurological settings gave Rebecca excellent experience in managing both acute and long term MSK and neurological conditions, including working with patients who had sustained traumatic brain injuries.
- Prior to joining Proclaim Care, Rebecca worked for a private healthcare provider as a Clinical Educator, delivering high-quality clinical training, supervision, and support to carers providing complex care in the community.

Rehabilitation Expertise

Rehabilitation Management

- As a Rehabilitation Manager, Rebecca combines her clinical expertise with her knowledge of the rehabilitation process. She has successfully managed adults with complex conditions including severe spinal cord injury, complex orthopaedic injuries and neurological injuries.

- She is skilled at reviewing and interpreting medical and rehabilitation reports to ensure patients receive the appropriate care in line with NHS guidelines.
- Rebecca's client centred approach and her use of SMART goals create client motivation and engagement.

Vocational Rehabilitation

- Rebecca is passionate about supporting her clients to return to work or meaningful activities.
- She applies a biopsychosocial approach, taking into consideration the biology or physiology of the underlying injury, in addition to addressing psychological and social contextual factors. This approach promotes independence and is supportive of a return to work.
- Her experience of multi-disciplinary team working enables her to work closely with Vocational Rehabilitation Specialists to support a safe and sustainable return to work, where appropriate.

CPD & Training

- Introduction to Case Management
- Flags Biopsychosocial Model
- Mental Health Training (depression, anxiety & suicide)
- Tissue viability wound management
- Pain prevention

Memberships & Qualifications

- BSc Adult Nursing
- Registered with RCN & NMC
- Member of CMSUK

For further information please call on 01698 207 755,
or email helpis@proclaim-care.co.uk or visit proclaim-care.co.uk



Vocational
Rehabilitation
Association

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