



Arusa Hussain

Desktop Rehabilitation Manager

Base: Birmingham

Areas Covered: Nationwide

Specialisms

Orthopaedic Trauma

Psychological Trauma

Major Trauma Injuries

Injury Expertise

- Lower Limb Fractures
- Internal Injuries
- Mild-traumatic Brain Injury

Clinical Experience

- Arusa is an Occupational Therapist and has several years of experience of working in various clinical roles within the NHS.
- Arusa has significant experience in trauma and orthopaedics and, as an Occupational Therapist, she was able to use her skills to assess the physical, cognitive and psychological impact of injury on her patients. Following assessment, Arusa was able to provide correct treatment modalities and work with multi-disciplinary team members to ensure her patients received the correct treatment in a timely manner.
- As well as her NHS experience, Arusa has several years' experience of working as a Disability Assessor for the DWP. Within this role, she worked with clients with a variety of complex conditions including physical, mental health, cognitive and sensory impairments.

Rehabilitation Expertise

Rehabilitation Management

- As a Desktop Rehabilitation Manager, Arusa specialises in desktop and virtual assessments for clients with a variety of different musculoskeletal, psychological and mild-traumatic brain injuries.
- She has excellent skills in early intervention, assessing injuries to ensure the correct treatment is put in place as soon as possible.

- Arusa has excellent knowledge of treatment and rehabilitation pathways within both statutory and private settings.
- She is skilled in developing and co-ordinating multi-disciplinary rehabilitation programmes in community and hospital settings, enabling effective outcomes and working towards client goals.

Vocational Rehabilitation

- Arusa is experienced in providing the appropriate support for return to work. She also ensures that meaningful goals are considered for people who are unable to return to the workplace due to their injuries.
- Using a client centred approach, with goal setting to engage and motivate clients, Arusa is an effective problem solver, using her critical thinking training to support a timely return to work, where appropriate.

CPD & Training

- Introduction to Case Management
- Flags Biopsychosocial Model: Applying to Rehabilitation Management
- Mental Health Training (depression, anxiety and suicide)

Memberships & Qualifications

- Registered HCPC Occupational Therapist
- IRCM Registrant
- Member of CMSUK

For further information please call on 01698 207 755,
or email helpis@proclaim-care.co.uk or visit proclaim-care.co.uk

